

Burkhardt • Pecora orthodontics

THE MORGAN BUMPER



Step 1:

Trim the Morgan Bumper to length as required to fit your braces.

This can be determined by wrapping the bumper over the outside of your lips holding one end on the back brace on one side and wrapping to the back of the brace of the other side then simply cut the bumper to length.



Step 2:

Place the middle of the cut section over your two front teeth and smooth the bumper toward your back teeth using your index fingers.

Some trimming may be required or practice installing your bumper to match the ends to your braces.



You will notice immediately:

- 1. The smooth comfort inside your lip.
- 2. Irritated areas will not hurt.
- 3. Sores caused by braces or trauma will heal in a short time.

Bumper Hints:

- Remove the bumper when eating.
- Brush your teeth after eating and before reinstalling your bumper
- Remove the bumper before playing sports, swimming or going to sleep.